

Accepted Workshop Submission Sample

Presentation Type: Workshop Session

Section 1: Author & Co-Presenter Information

Redacted for sample.

Section 2: Presentation Modality

1. What type of presentation are you submitting?

Workshop Session

2. If accepted for a workshop or poster session, are all of your speakers able to attend the conference in Baltimore, MD?

Yes

3. If accepted for a workshop session, do you agree to participate in a planning meeting to review best practices, learning objectives, and logistics for your session. All speakers are required to participate. (Y/N/N/A – Submitting a poster presentation)

Yes

Section 3: Overview

1. Have you presented at previous Summits on this topic or another?

Yes

Sub-Question – If Yes: Please provide the topic(s), including a brief description of the session and the year(s) you presented: *We have presented on various aspects of the Moving Beyond Depression model at past Summits. We have also presented on using home visiting to serve families experiencing homelessness.*

2. Have you presented the proposed presentation at another conference in the field?

No

3. Is your organization submitting multiple proposals to the 2026 conference?

NO

Section 4: Session Topic

1. Select the conference domain that best describes your presentations (select one):
 - *Practice*
2. (If applicable) select a secondary conference domain that may also describe your presentation (select one)
 - a. Advocacy & Policy
 - b. Practice
 - c. Research
 - d. **Systems**
3. *Select the Summit's content area that best applies to your workshop/poster (please choose one):
 - a. **Building cross-sector partnerships between home visiting, early childhood, and health systems**
 - b. Systematizing financing strategies and innovations to strengthen and expand home visiting
 - c. Elevating parent and community choice to drive policy and practice change
 - d. Leveraging research to strengthen policies and programmatic practices

Section 5: Session Details

1. **Submission Title (please limit title to 10-words or less):**
Using Moving Beyond Depression to Effect Systems Change
2. **Does your presentation include parent and/or provider voice or representation?:**

Please choose the extent to which parent/caregiver and/or provider voice or representation will be included in your presentation:

- a. Impacts on parent/caregiver or provider will be referenced
- b. **Parent/caregiver or provider voice will be referenced in the presentation**
- c. Parent/caregiver or provider will be incorporated into the presentation through video/audio recordings
- d. Parent/caregiver or provider will be a session speaker/poster presenter
- e. No parent/caregiver or provider voice will be included

3. ***Session Abstract:** Provide an overview of the key elements you plan to address in your presentation. (300-character limit – approximately 50 words)

This workshop highlights Illinois' journey integrating Moving Beyond Depression (MBD) within its home visiting system. Presenters will share implementation lessons, adaptations, and early outcomes showing MBD's role in improving family well-being, empowering home visitors, and fostering community-level change.

4. **Ideal Audience:** Provide a short description of the ideal audience for your session/poster. i.e., This session is ideal for home visiting advocates and/or program administrators interested in diverse and innovative ways of communicating the impact of their home visiting program. Please note: This description will be used to promote your session on the conference website.:

This session is Ideal for policymakers, funders, and home visiting system leaders seeking strategies to embed mental health interventions within existing infrastructures, address barriers to care, and promote cross-sector collaboration for family well-being.

5. **Session Description:** Summarize your topic; state the importance, relevance, and impact for attendees. (1,500-character limit – 1 to 3 paragraphs) Please note: This description will be used to promote your session/poster on the conference website.:

This workshop will share Illinois' experience in weaving Moving Beyond Depression (MBD) into the fabric of its state home visiting system in order to impact multiple levels of the care system. We will share critical components in preparing for implementation, note some hurdles and adaptations to challenges, and detail the preliminary positive impact - for families, within organizations, and across systems and communities.

Home visiting programs in IL have incorporated routine screening depression tools into program services for some time now. The increased rates of identification of, and referrals for, women with depression have served to heighten awareness of the systemic barriers that inhibit access to mental health treatment. Given MBD's proven track record of overcoming such barriers, the model seemed a natural fit for our home visiting system.

Beyond the immediate goal of increasing access to treatment, the workshop will explore the role MBD is playing in strengthening programs by supporting and empowering home visitors in their role, consequently improving program

outcomes. We will also look at MBD as a tool to help us realize our goal of effecting community change. Two of our four MBD communities have universal home visiting programs – embedding MBD in these programs will advance their goal of greater community alignment and, we hypothesize, the resulting positive ripple effects of such large scale community support will reverberate throughout the communities.

6. Describe the facilitation strategies/engagement approaches you will use to engage the audience (e.g., attendee discussions, Q&A sessions, and visual aids). For workshop presentations, also state the approximate amount of time spent using each engagement strategy. Meeting rooms holding workshop sessions will be theatre style seating. (3000-character limit)

Opening (10 minutes): At the beginning of the session, we plan to show Ed Tronick's still face video (which is slightly under three minutes) to underscore the impact of maternal depression on the baby. Following the video, we will invite participants to reflect on what they observed and connect those observations to their professional experiences.

Interactive Group Discussion (10-25minutes): We will then ask the program staff in the audience about their experience in moving participants from positive screening to diagnosis to referral to engagement in treatment and ask all to articulate some of the barriers that exist that prevent people from accessing treatment. We'll talk about the different levels at which barriers exist: individual, community, and societal.

Core Presentation (25-50 minutes): The presentation will describe Illinois' journey integrating Moving Beyond Depression (MBD) within its statewide home visiting system

Closing and Q&A (50-60 minutes) minutes): We'll end with an open Q&A and group reflection (about 10 minutes) to bring the session's ideas together. Participants will be invited to share key takeaways, ask questions, and name one idea they plan to bring back to their own work.

Throughout the session, facilitation will emphasize reflective practice, parallel process, various adult learning principles.

7. Identify 2-4 learning objectives for your proposal. Learning objectives should be measurable and indicate what the learner will gain in knowledge or practice. (3000-character limit) Learning Outcome Example: "At the end of this session, learners will be able to identify three collaborative relationships to build or improve upon in their community/state."

- *At the end of the session, learners will be able to explain how embedding mental health supports like MBD can strengthen home visiting programs by increasing staff confidence, enhancing family engagement, and improving outcomes.*
 - *At the end of the session, learners will be able to identify common barriers within home visiting systems that limit access to mental health treatment and explore strategies for reducing these barriers through coordinated system-level efforts.*
8. Pending the number of submissions on similar topics, we may consider asking workshop proposal submitters to partner with another team to build a collaborative session. If relevant, is this something your team would be interested in? *Yes*
 9. There may be an opportunity for workshop presenters to host their session twice (i.e., present on Day 1 of the conference and again on Day 2). If relevant, is this something your team would be interested in? *Yes*
 10. I agree to follow conference best practices to prepare visually and auditory accessible presentations (PowerPoint/posters) and materials. Please see the conference website for related materials and support. *I agree*