

# Reflectable SEL Crosswalk: Conscious Discipline

This document crosswalks the use of Conscious Discipline principles throughout Reflectable SEL content – across topics, action items and toolkit items. Reflectable SEL is intended to be a supplemental support for existing social emotional professional learning content.

## Reflectable Social-Emotional Learning Crosswalk: Conscious Discipline

Reflectable SEL Topics	Conscious Discipline
Self-Care	Connection: Empathy
Building Relationships	Connection: Encouragement, Choices, Empathy
Schedules and Routines	Safety: Composure, Assertiveness
Setting and Using Behavior Expectations	Connection: Choices
Supporting Emotion and Behavior Regulation	Safety: Composure, Assertiveness
Helping Children Solve Problems	Safety: Composure, Assertiveness
Executive Function	Connection: Encouragement, Choices, Empathy

*Bailey, Becky B. Conscious Discipline: Building Resilient Classrooms: Loving Guidance, LLC, 2021.*