

Home Visitor Reflective Practice Groups

July-September 2023

The mission of the Home Visitor Reflective Groups is to provide home visitors across the state of Illinois with a space to engage in conversations about their experiences of the work with the goal of increasing reflective capacity. The guiding principles of self-awareness and reflection will be intentionally interwoven in all sessions by exploring and considering themes related to the central tasks of the home visitor's role. Using an infant mental health lens, these groups will explore how the concept of professional use of self applies to relationship-based work and will honor the enormous complexity of helping relationship

Sample of Topics Covered:

- Promoting social and emotional development
- Parallel process
- Relationships with families
- Understanding the family story
- Professional use of self
- Holding the child in mind

Groups in English:

July:

- Wednesday, 19th at 9:00am
- Wednesday, 26th at 8:30am

August:

- Thursday, 3rd at 9:00am
- Tuesday, 15th at 8:30am

September:

- Thursday, 21st at 9:00am
- Tuesday, 26th at 8:30am

Groups in Spanish:

July:

- Wednesday, 19th at 9:00 am
- Tuesday, 25th at 9:00am

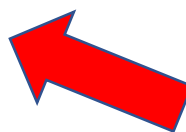
August:

- Wednesday, 2nd at 9:00am

September:

- Wednesday, 6th at 9:00am

Douglas
Family Support Specialists
WELCOMED!



Frequently Asked Questions

How do I sign up for the groups?

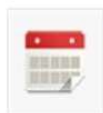
1. Register via the Professional Development Portal in 1 of 2 ways:
 - A) Professional Development Portal's direct link:
<https://startearly.csod.com/client/startearly/default.aspx>
 - B) OR visit Start Early's website and click on "Professional Development Portal" tab
<https://startearly.org/>
2. Once you have logged into the Portal:
 - A) Under the **Browse Available Sessions**, you can go into **Calendar view** and look for *Home Visitor Reflective Practice Groups* (in English or Spanish)



PLN: Grupos de práctica reflexiva para visitantes a domicilio

Event · Professional Learning Network

Reconocemos que los cambios inesperados pueden ser difíciles y que pueden ser particularmente difíciles cuando la salud se ve comprometida y las relaciones se fracturan. Entendemos las dificultades que muchos de ustedes probablemente enfrentan, profesional y personalmente, y queremos proporcionar un... [read more](#)



PLN: Home Visitor Reflective Practice Groups

Event · Professional Learning Network

We recognize that unexpected changes can be difficult, and that these can be particularly difficult when health is compromised and when relationships become fractured. We understand the struggles that many of you are likely facing, professionally and personally, and we want to provide a space... [read more](#)

Can I register for more than one group?

Absolutely, these groups are for you! You are welcome to participate in as many as your time allows.

I am a supervisor and cannot register- why?

These groups are intended for home visitors and so the system automatically blocks all professionals with a Supervisor title from registering. If you are interested in participating in a group feel free to contact Hannah Jones-Lewis. She facilitates the *Supervisor Reflective Practice Groups*

Sincerely,
Your Facilitators:

Lynette De Dios: LDedios@StartEarly.org

Jess Jobe: JJobe@StartEarly.org

Karen Williams: KWilliams@StartEarly.org