

**Home Visitor Reflective Practice Groups**

April-June 2023

The mission of the Home Visitor Reflective Groups is to provide home visitors across the state of Illinois with a space to engage in conversations about their experiences of the work with the goal of increasing reflective capacity. The guiding principles of self-awareness and reflection will be intentionally interwoven in all sessions by exploring and considering themes related to the central tasks of the home visitor’s role. Using an infant mental health lens, these groups will explore how the concept of professional use of self applies to relationship-based work and will honor the enormous complexity of helping relationship

**Sample of Topics Covered:**

■Promoting social and emotional development ■Parallel process

■Relationships with families ■Understanding the family story ■Professional use of self

■Holding the child in mind

 **Groups in English:**

**April:**

* **Tuesday, 18th at 8:30am**
* **Thursday, 20th at 9:00am**

**May:**

* **Thursday, 4th at 9:00am**
* **Tuesday, 23rd at 8:30am**

**June:**

* **Thursday, 1st at 9:00am**
* **Tuesday, 20th at 8:30am**

**Groups in Spanish:**

**April:**

* **Wednesday, 19th at 9:00am**
* **Wednesday, 26th at 9:00am**

**May:**

* **Wednesday, 10th at 9:00am**
* **Wednesday, 24th at 9:00am**

**June:**

* **Wednesday, 7th at 9:00am**
* **Wednesday, 21st at 9:00am**

**Doulas**

**Family Support Specialists**

 **WELCOMED!**

**Frequently Asked Questions**

**How do I sign up for the groups?**

1. Register via the Professional Development Portal in 1 of 2 ways:
2. Professional Development Portal’s direct link: <https://startearly.csod.com/client/startearly/default.aspx>
3. OR visit Start Early’s website and click on “Professional Development Portal” tab <https://startearly.org/>
4. Once you have logged into the Portal:
5. Under the **Browse Available Sessions,** you can go into **Calendar view** and look for ***Home Visitor Reflective Practice Groups*** (in English or Spanish)



**Can I register for more than one group?**

Absolutely, these groups are for you! You are welcome to participate in as many as your time allows.

**I am a supervisor and cannot register- why?**

These groups are intended for home visitors and so the system automatically blocks all professionals with a Supervisor title from registering. If you are interested in participating in a group feel free to contact Hannah Jones-Lewis. She facilitates the *Supervisor Reflective Practice Groups*

**Sincerely,**

**Your Facilitators:**

**Lynette De Dios:** **LDedios@StartEarly.org**

**Jess Jobe:** **JJobe@StartEarly.org**

**Karen Williams:** **KWilliams@StartEarly.org**