# The Essentials of Home Visiting Alignment to Child Development Associate: Home Visitor Competency Goals

| The Essentials of Home Visiting Self-Paced Course or Webinar | Goal I  
To establish and maintain a safe and healthy learning environment | Goal II  
To advance physical and intellectual competence | Goal III  
To support social and emotional development and to provide positive guidance | Goal IV  
To establish positive and productive relationships with families | Goal V  
To ensure a well-run purposeful program responsive to participant needs | Goal VI  
To maintain a commitment to professionalism |
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Basics of Home Visiting</td>
<td>½ hour</td>
<td></td>
<td>1½ hours</td>
<td></td>
<td>1 hour</td>
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<tr>
<td>Being Present with Families (Available in Spanish)</td>
<td></td>
<td>½ hour</td>
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<tr>
<td>Home Visiting Boundaries</td>
<td></td>
<td></td>
<td>½ hour</td>
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<tr>
<td>Home Visiting Safety</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Promoting Effective Parenting with Motivational Interviewing</td>
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<tr>
<td>Ages and Stages Questionnaire-3 (ASQ-3™) Overview and Best Practices</td>
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<td></td>
<td>1½ hours</td>
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<td>1½ hours</td>
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<tr>
<td>Building Engaging and Collaborative Relationships with Families</td>
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<td>½ hour</td>
<td>1 hour</td>
<td>½ hour</td>
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<tr>
<td>The Cultural Iceberg: A Deeper Dive into What’s Below the Surface</td>
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<td>½ hour</td>
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<tr>
<td>Observing the Parent Child Relationship: What You See, Feel, &amp; Think</td>
<td></td>
<td></td>
<td>½ hour</td>
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*Courses and Webinars Specifically for Supervisors

**KEY:**  
- Webinar  
- Self-Paced Course

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# The Essentials of Home Visiting: Alignment to Child Development Associate

## Home Visitor Competency Goals

<table>
<thead>
<tr>
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<table>
<thead>
<tr>
<th>Course</th>
<th>Goal I</th>
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<th>Goal VI</th>
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<tbody>
<tr>
<td>Home Visiting with Families During Pregnancy</td>
<td>1 hour</td>
<td>1½ hours</td>
<td>2 hours</td>
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<td>Domestic Violence in Home Visiting</td>
<td>½ hour</td>
<td>½ hour</td>
<td>1½ hours</td>
<td>½ hour</td>
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<tr>
<td>Domestic Violence: Safety Planning</td>
<td>½ hour</td>
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<td>½ hour</td>
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<tr>
<td>The Impact of Domestic Violence on Children</td>
<td>½ hour</td>
<td>½ hour</td>
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<tr>
<td>Foundations of Infant Mental Health Practice in Home Visiting</td>
<td>½ hour</td>
<td>½ hour</td>
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<td>½ hour</td>
<td>½ hour</td>
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<tr>
<td>Matching Family Needs to Resources</td>
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<tr>
<td>Exploring Values and Beliefs Around Parenting (Available in Spanish)</td>
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<td>The Impact of Trauma in Home Visiting</td>
<td>½ hour</td>
<td>1½ hours</td>
<td>1 hour</td>
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<tr>
<td>Trauma in Families and Communities*</td>
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<tr>
<td>The Impact of Trauma in Supervising Home Visiting*</td>
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<td>Trauma for Supervisors: Putting the Pieces Together*</td>
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*Courses and Webinars Specifically for Supervisors

**KEY:** [ ] Webinar  [ ] Self-Paced Course
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| Challenges in Home Visiting: Substance Abuse | ½ hour | ½ hour | 1 hour | ½ hour | ½ hour |
| Understanding Substance Abuse through the Family’s Lens | ½ hour | ½ hour |         |        |        |
| Partnering for Change: Having the Conversation | ½ hour | ½ hour |         |        |        |
| Supervising Home Visitors |         |        |        | 1½ hours | 1½ hours |        |
| Maintaining Boundaries in Home Visiting* |       |        | ½ hour |        | ½ hour |        |
| Reflective Supervision* |       |        |        |        |        | 1 hour |
| Implementing Tools to Enhance Home Visiting* |       |        |        | ½ hour | ½ hour |        |

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